



**Postdoctoral Fellowship in Clinical Psychology
South County Psychiatry
2024 - 2025**

Position: Outpatient Department at South County Psychiatry
Title: Postdoctoral Fellowship in Individual and Family Therapy
Director: Abigail Mansfield Marcaccio, Ph.D.

Introduction

Thank you for your interest in a postdoctoral fellowship with South County Psychiatry! Our site offers postdoctoral level training for recent graduates of psychology doctoral programs. This placement is designed to provide fellows with an enriching training experience, a variety of opportunities for professional development, and prepare them for independent practice.

Start Date: September 1, 2024 (anticipated, flexible)

Time Commitment/Duration: The duration of the fellowship is 1 year. Full time, generally business hours with some flexibility about start and end times. Fellows carry a caseload of 10-15 families, and 10-15 individuals with an overall caseload of 25. This program will meet the minimum requirement of 1500 hours of supervised experience for state licensure in Rhode Island.

Compensation: \$65,000 annually; health, dental and eye coverage; paid time off

Supervisor(s):

Abigail Mansfield Marcaccio, Ph.D.
Tom Sheeran, Ph.D.

Outpatient Psychology and Family Therapy at South County Psychiatry

South County Psychiatry is a rapidly growing, academically focused and evidence based psychiatric practice serving Rhode Island and southern New England. The majority of care is delivered through a telehealth modality, including the fully virtual Intensive Outpatient Program (IOP), though in-person work at the outpatient level may be available. Fellows need to be in commute-able distance to SCP in case telehealth regulations change.

Couple and family therapy is guided by the McMaster Approach to evaluating and treating families. The McMaster Approach requires that couples and families participate in a comprehensive assessment to identify problems and strengths and to identify goals that will guide treatment, as well as concrete actions individuals can take to work toward their goals together. It has a variety of empirically supported tools that guide formulation, and is supported by decades of research. The McMaster Approach is practical and uses here-and-now interactions to help families develop the kinds of relationships they want to have with each other.

Third wave behavioral approaches to treatment guide individual outpatient therapy, including ACT, DBT, and CBT principles. Individual therapy is both practical and values driven. We use a collaborative approach to coordinate care with other behavioral health providers both

in the SCP practice and in the community. SCP treats patients with a range of diagnoses, including anxiety disorders, mood disorders, and trauma.

SCP is committed to providing evidence based, values driven treatment and training. Our primary supervisors have had faculty appointments at Brown in the Department of Psychiatry and Human Behavior from previous positions, although SCP is not affiliated with Brown. As a result, there is a strong interest in delivering high quality empirically supported treatments, and in translating evidence-based principles to a private practice setting. We currently have psychologists who specialize in geriatric mental health, young adult, couple and family therapy, and neuropsychological assessment. In the outpatient setting, fellows are able to work with adults 18+, including specialty care within the geriatric population, young adult, general adult outpatient cases, and couple/family therapy cases. Training will be provided in couple and family therapy, and approximately 50% of the caseload will consist of couples and families. The remainder will be individuals. The fellow may also develop and run groups, if that is an area of interest.

SCP employs a team based model of care, and is committed to providing a safe place to ask for and receive consultation. Trainees are encouraged to seek input, ask questions, collaboratively grapple with challenges in a supportive environment, and to use guidance to help them grow as clinicians. SCP seeks to attract and maintain a collaborative, supportive and values-oriented team.

Fellowship Aims

1. To provide the fellow with broad post-doctoral training evaluating and treating families using the McMaster Approach.
2. To provide the fellow with opportunities to deliver evidence based individual therapy to patients with a variety of presenting issues using third wave behavioral approaches. There may be flexibility to start and run groups.
3. To enable the fellow to gain experience working with a multidisciplinary team by providing family and individual therapy and coordinating care with psychiatrists or other prescribing clinicians as well as with individual therapists across the practice.
4. To provide the fellow with opportunities to explore collecting quantitative data on treatment outcomes.

Clinical Responsibilities (80-85%)

In order to ensure that the fellow receives a high level of clinical training, the following activities will be required during the fellowship:

- Co-Therapy: the fellow can see families and individuals along with supervisors during the week. 5% effort
- Treatment services: the fellow will develop and follow a caseload of 10-15 families and 10-15 individuals that the fellow follows from the assessment phase through closure. 70% effort
-
- Clinical assessment: the fellow will learn how to conduct a McMaster assessment of

family functioning in a semi-structured way. The fellow will also learn to conduct a semi structured individual assessment interview. 10% effort

Research and Scholarly Responsibilities (5%)

The fellow will participate in the following activities:

- Data collection and analysis: The fellow may assist in coordinating data collection to track outcomes
- The fellow will be provided with a series of readings on the McMaster Approach to evaluating and treating families
- Literature reviews: The fellow will conduct literature reviews on family therapy outcome studies, family functioning, and family interventions in treating illness, as well as any other topics of interest that come up in the course of their work at SCP

Didactics (5%)

McMaster Case conference (1 per month)

Clinical Case Conference (2 per month)

Supervision and Evaluation (5%)

Supervision will be provided in the form of weekly individual supervision, two hours/week (Drs. Mansfield, Sheeran) and bi weekly group supervision, 1 hour (Drs. Mansfield, Sheeran, Morgan, Meth, and Davidoff).

Every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Values Statement

We care deeply about providing evidence-based, compassionate care of the highest quality to people in our community who need support when they are hurting the most.

We aim to normalize and reduce stigma in seeking mental health treatment. We identify strengths in those we work with, both patients and colleagues, and look for ways to grow and build on those strengths.

We are committed to providing care to individuals from all gender, race, ethnic, and other identities that is integrative, inclusive, pro-social and anti-discriminative in its provision.

We share a dedication to providing a superb, comprehensive, compassionate, and thorough training experience to trainees operating within our team. We aim to help trainees identify and grow into their strengths. We also aim to help trainees develop independence. We value their contributions to our programs as developing providers.

We provide a safe place to ask for help and support, and offer it freely. We believe that growth and learning happens when we are safe enough to grapple with difficult experiences, seek guidance, and learn from moments of uncertainty.

We share a commitment to clinical research and evidence-based practice in both training and provision of clinical care. Because the evidence-base is constantly growing and changing, we are therefore also committed to ongoing learning and growth.

***A Note on Virtual Treatment/Provision of Telehealth Services:**

Our intention is to provide high quality, personalized, and superior training in an increasingly preferred and common telehealth format. We offer patients clinical assessment and treatment using a virtual format. As such, your training experience will also likely be fully remote. Trainees who do not have access to a private setting with a stable internet connection may request office space.

Resources

Fellows will be provided with the following resources:

- Access to space appropriate for clinical care if seeing in person cases
- A computer and project specific software
- Internet telephone access

To Apply:

Please direct any inquiries to our Director of Outpatient Psychology, Dr. Mansfield Marcaccio, via email at drmansfield@scp-ri.com.

If interested, please email the following materials to Dr. Mansfield Marcaccio at the email address above. Put "Postdoctoral Fellowship Application" in the subject line, and ensure all files are clearly labeled with your name in the file name (e.g., "CV_JSmith.pdf").

- Curriculum Vitae
- Letter of interest including interest in couple and family work, and reasons you believe SCP to be a good fit for you
- Letters of recommendation (3)
- Transcripts (unofficial)

Deadline: Applications will be accepted until 1 January, and reviewed on a rolling basis as long as the position is available.

Interviews will be conducted annually in January.